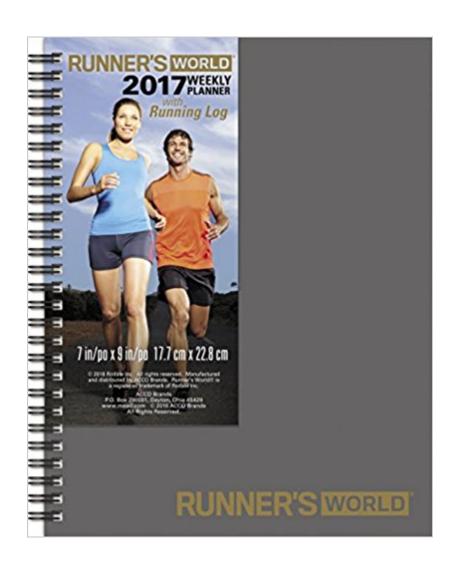


The book was found

Runner's World Weekly And Monthly Planner (2017)





Synopsis

Spend the new year mainting your body, mind, and schedule. This calendar is filled with healthy recipes and running tips to prepare you for your next race.

Book Information

Calendar

Publisher: Day Dream (July 4, 2016)

Language: English

ISBN-10: 1682092305

ISBN-13: 978-1682092309

Package Dimensions: 8.8 x 6.9 x 0.3 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: 3.3 out of 5 stars 4 customer reviews

Best Sellers Rank: #988,197 in Books (See Top 100 in Books) #86 in Books > Calendars > Diet

& Health #105129 in Books > Health, Fitness & Dieting

Customer Reviews

I've had other running logs but this is the best. Perfectly suits my needs & lots of motivational material inside

Save some cash and just buy a spiral notebook.

Great and Simple way to keep up with your workout routine.

I used a different planner and returned this item.

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